

The Front Clip

The opening clip is best worn on the front of the shoulder for easy access to get in and out of the sling. This clip is strength tested and deemed baby-safe. Firmly attached under the clip is a back-up catch we call the safety loop. Make sure you always have the safety loop secure when using the sling.

1. Lift the loop so it's on top of the open clip.
2. Close the clip making sure it is fully engaged, you will hear a firm "click".
3. Use your fingers to pull the loop around the closed clip so that it sits under all four corners.



Closed clip with loop above.



Pull loop around clip.



Loop now fully engaged.

To open the clip remember to release the safety loop first.

Tip: Keep this brochure. In the future you may wish to pass on your sling to a friend and this brochure contains important instructions.

Tip: At 3-6 months try the kangaroo position with baby's back to your tummy so they can look out like a little joey (see below, middle).

The Back Clip

Located at the back of the shoulder pad is our main adjuster clip the ladderlock. It allows you to wear baby at different heights and positions by parents and caregivers of any size.

Remember to adjust the ladderlock before you put the sling on, generally the best position results in baby on or above your hip.

1. Use your fingers to carefully loosen an appropriate amount of fabric up so it loops on top of the clip.
2. Feed the loose fabric back through either the upper or lower rung of your clip depending if you are going larger or smaller.
3. Lock the resulting unused loop of fabric by ensuring it lies flat on your back under the strap.



Sling in large size.



Loop up fabric.



Lock down fabric, sling now in small size.



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Natures Sway baby sling instructions

Natures Sway baby slings are designed to carry your baby or toddler just as you would naturally. Slings take the strain off your arms and distribute the weight. They provide multiple carry positions and can be used for several years, this may be the only carrier you will ever need.

- Made from 100% cotton canvas or Organics: 55% hemp 45% organic cotton
- Adjustable back strap – fits all sizes
- Comfortable slim-line shoulder pad
- Suitable for use from birth to 3+ years. Max weight 20kgs
- Baby-safe front clip



The natural way to carry your baby or toddler.



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The Diagonal Cradle

From newborn to 6 months, this position offers the best support for baby's head and back. It's great help for feeding and baby can hear your heart beat.

For your ease of use, we have included a line of diagonal stitching to help position your baby. They fit best across the sling, not along it as one might expect.

First, adjust the sling to your size (see over). So as to have baby's head close to your heart, adjust the back clip for size and keep the front clip at minimum adjustment. Here are two ways to fit the sling:

Option 1: Lie the sling on a flat surface.

1. Place baby with their head about $\frac{1}{3}$ down the side rail (or on the row of stitching) and their body in the middle of the sling on a 45° angle.



Baby on 45° angle with head on side rail.

2. Do up the front clip and safety loop, note that baby's head is the same side as this clip.



Do up clip and safety loop.

3. Put your head and opposite arm through the sling so that the shoulder pad sits diagonally between your shoulder blades.



Put head and shoulder through.

4. Lift baby and sling together, stand up and check you and baby are comfortable.



Carefully lift baby and sling to standing.

Tip: Machine wash up to 40° with plastic parts, normal spin, drip dry, warm iron if necessary. Do not bleach.

Option 2: Put the sling on yourself.

1. Find the row of stitches or simply pull the side rail out in front of you, this is where you want to aim to get baby's head.
2. With baby facing you, feed them feet first into the sling.
3. Pull up the side rail between you and baby.
4. Now you are hands free, you can see baby and they have full, even support from top to tail.



Feed baby feet first into the sling.



Baby's head on side rail.



Pull inner rail up between you.



Check shoulder pad is flat and comfortable.

Tip: Wear your baby on alternating sides to develop your waist muscles equally.

Tip: Remember to take the sling for outings by keeping it on the carseat. It keeps your sling close by and provides a handy sunshade.



The Hip Position

At about 4 to 6 months baby can sit up and will naturally straddle your hip when carried. Using the sling will help spread the weight and save strain on your back and arms. This position may be used for toddlers even up to 2 and 3 years old.

1. Tighten the sling so that the side rails are above your hip bone and check that the front and back clips are at equal adjustment.



Pick baby up.

2. Pick up your child and tuck his or her feet right through the sling.



Slip feet right through.

3. Open the body of the sling and seat baby so that their bottom is lower than their knees.



Spread sling.

4. Spread the legs so baby is fully seated on your hip, any excess fabric can be tucked up or used to pull up baby's back if they are sleepy or need extra support.



Seat baby, legs spread.

Tip: Slings work by counterbalance. If you wear your baby high on your body you will save straining your lower back.

Tip: Helps bonding. We have a lovely story about a little boy who would present his sling to Mum whenever he wanted a cuddle.